

ADULT EDUCATION & SPIRITUAL FORMATION WINTER/SPRING 2024 OFFERINGS



Have questions or need more info? Contact Pattye Hewitt at
phewitt@firstmethodist.org or 225-383-4777 x255
(Hybrid indicates the option of attending in-person or by ZOOM)



*To register for the offerings listed below,
scan the QR code to the left and complete
the information there.*

*** If you are registering for Financial Peace
University use the QR code below.*

HIGHLIGHTING

'Essentials' - Written and presented by Rev. Brady Whitton, and recorded here at FUMC in 2015, participants learn the importance of returning to the basics of faith; those foundational truths which are essential to a vibrant life with God. Begins Sunday January 21st, led by Eric Lockridge 9:45am - 10:45am. (IN-PERSON)

Financial Peace University - Money. Maybe you feel like you didn't learn enough growing up to manage your finances well now. Maybe money is so tight you worry you won't have enough from one month to the next. Here's some good news: Whatever your past, whatever your income, wherever you are with money right now—you don't have to stay there. You can get the knowledge and motivation to make things different. To fight inflation, get rid of your debt, save more money, invest, and get margin in your monthly budget so you can breathe again.

Beginning Sunday January 21st, 5:00pm - 6:30pm, certified coordinators and FUMC members Josh & Sandy Glass, will lead participants through the 9-week program of Financial Peace University. Childcare is provided for those with little ones. Cost is \$79.99, which includes one year of access to Financial Peace University with downloadable pdf workbook and three months of access to the premium version of EveryDollar budgeting app. A hardcopy workbook is available for purchase for an additional \$20.00. (HYBRID)

To register for FPU, use the QR code or visit
<https://www.fpu.com/2C2165>. There is a link on
the registration page to contact Sandy Glass,
coordinator, if you have questions.



BIBLE STUDY

Lunchtime Bible Study - Join Rev. Brady Whitton to explore and discuss the scriptures that will guide the upcoming week's sermon. Ongoing Thursdays 12:00pm - 1:00pm. (No Registration required) (HYBRID)

Men's Coffee & Bible Study - Co-led by Mike Steinkamp and John Hickey, group members dive into the scriptures to grow their lives with God and with one another. Ongoing Tuesdays: 9:00am - 10:00am. (No Registration required) (IN-PERSON)

Advanced New Testament Bible Study Led by Gwen Redding, this scholarly study uses books and videos by the late Dr. Lindsey Pherigo, once the Professor of New Testament at St. Paul's School of Theology. All are welcome; however, completion of some Disciple courses or similar will be most beneficial to participants. Wednesdays beginning January 3rd; 5:00pm-6:30pm. (Meets exclusively by ZOOM)

BOOK CLUB

'Renovaré Book Club' - Co-led by Margaret King and Tasha Whitton. Four books are read throughout the school year that help participants better understand the presence of God more fully and begin to include him more in their daily experiences. Participants purchase their own books. Meetings are held the second Friday of each month through May. 12:00pm - 1:00pm at FUMC in McKenzie Library. (IN-PERSON)

"Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God."
Colossians 3:16

SMALL GROUPS

Christian Life Groups - Enrich your life and companions on the journey of faith. Groups meet in-person, by Zoom and connect through other means to pray for, encourage, and challenge fellow members who are asking themselves and each other "How is your life with God?"

Groups members will utilize Sunday sermons as the primary resource to guide their discussion, sharing and prayer. Participants will deepen their faith by learning ways to apply biblical truths to their lives. Meets weekly for 1 to 1.5 hours beginning the week of January 21st and going through the first week of May.

*** Days, times, and locations will be determined by group members and their leader(s) once persons are assigned to a group.*

Soul Circle - A midweek moment to connect with God, yourself, and other women. Co-led by Mary Byo and Kristen Jacobs on Wednesdays beginning January 10th 5:30pm - 7:00pm at the Center for Spiritual Formation on FUMC's campus. (IN-PERSON)

BOOK STUDIES

'Good Inside: A Guide to Becoming the Parent You Want to Be'

This 8-week offering created by clinical psychologist Dr. Becky Kennedy, empowers parents with a game-changing approach that leads to meaningful and lasting change in your household. Begins Sunday January 14th, co-led by Jen Rossnagel and Georgia Small. 5:00pm - 6:30pm at FUMC. (IN-PERSON)

'Coming Home to Your True Self' by Albert Haase - Using the story of the prodigal son, Haase illustrates the far country of our false self and the way back home to our true self in Christ. "Home," he writes, "is the sacrament of the present moment." Begins Wednesday January 10th, led by Shan Schatzle. 5:30pm-6:45pm at FUMC. (HYBRID)

'Bad Girls of the Bible' by Liz Curtis Higgs - Whether they were "Bad to the Bone," "Bad for a Season, but Not Forever" or only "Bad for a Moment," these infamous sisters show women how *not* to handle the challenges of life. Begins Wednesday January 10th, led by Collette Blanchard. 6:30pm - 7:45pm at FUMC. (HYBRID)

'Good & Beautiful Community' by James B. Smith - "Apprentices of Jesus are not part-time do-gooders," he writes. "They live in continuous contact with the kingdom of God, and are constantly men and women in whom Christ dwells. They do not sometimes tell the truth, sometimes live sacrificially or sometimes forgive. There are myriad opportunities for us to impact the world in which we live." Begins Wednesday January 31st, led by Rev. Brady Whitton 5:30pm - 7:00pm and Virginia Guffey 12:00pm - 1:00pm. (HYBRID)

NEW STUDIES STARTING IN ADULT SUNDAY SCHOOL

'Blood Brothers' by Elias Chacour - What are the roots of the ongoing conflict in Israel? Travel back 2000 years and explore the landscape of Jerusalem and the surrounding countryside in light of the present war between Israel and Palestine. This six week study begins Sunday January 7th; 9:45am - 10:45am in Aldrich Chapel. All are welcomed to visit the Good News SS Class. (IN-PERSON)

'Called: Hearing & Responding to God's Voice - God interrupts the lives of ordinary men and women, calling and empowering them to lives of service they never would have imagined on their own. This six week study begins Sunday January 14th; 9:45am - 10:45am in Room 115 of the Adult Building. All are welcomed to visit the Milestone SS Class (30's - 40's). (IN-PERSON)

'Three Simple Rules' by Rueben Job - This simple but challenging look at three commands, "do no harm, do good, stay in love with God" will help you stretch and flex your faith. This three week study begins Sunday January 7th; 9:45am - 10:45am in Room 113 of the Adult Building. All are welcomed to visit the Sisters in Spirit SS Class (Women only). (IN-PERSON)

'First Corinthians is Paul's letter to a proud and prosperous church. Participants cover many topics including spiritual gifts, church life, sexual issues, and worship. This study begins Sunday January 7th; 9:45am - 10:45am in McKenzie Library of the Chapel Building. All are welcomed to visit Journey SS Class. (IN-PERSON)